

# OGSM NEWSLETTER



Obstetrical & Gynaecological  
Society of Malaysia

## FROM THE PRESIDENT'S DESK

OGSM is proud to announce that Dr Tang Boon Nee, OGSM past president (2013- 2014), has been awarded FIGO Award In Recognition of Women Obstetricians/ Gynaecologists. This award will be given during the second session of the FIGO General Assembly on 18th October 2018. On behalf of OGSM we would like to congratulate her for her outstanding contribution to society as treasurer (2002- 2009) and educating doctors & midwives through RCOG Life Saving Skills Course from 2008 and ICOE (Intensive Course in Obstetric Emergencies) since 2014. Moreover, she has also co-authored two books for the society; "50 Years History of Obstetrics & Gynaecology in Malaysia through the eyes of OGSM" and "Hand Book of Obstetric Emergencies". Best wishes for her continued future contributions.



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OGSM was invited to participate in the 17th Biennial International Scientific Conference 2018 held in Peral Continental Hotel, Karachi, Pakistan. This conference was organized by the Society of Obstetrician and Gynaecologist of Pakistan(SOGP). Precongress – ICOE workshop was jointly organized by SOGP Lahore Branch, AFOG & OGSM. ICOE team members were able to run a two day workshop in spite of difficulties in securing entry Visa to Pakistan. In Karachi, it was a successful scientific event with 1300 delegates and warm hospitality to all international faculty. I was invited to deliver two lectures, first was in the AFOG Symposium titled "Reducing Caesarean Rates" and second was "Skills Training in Obstetric Emergencies". At this juncture OGSM would like to thank SOGP President Professor Dr Al Fareed Zafar and his team for establishing a close working relationship with OGSM.

ICOE steering Committee and the entire team of ICOE trainers are performing commendable tasks. They have successfully conducted international courses in Lahore, Cambodia and Laos and locally ICOE for doctors and Midwives. They have also successfully printed "Hand

## FROM THE PRESIDENT'S DESK

Book of Obstetric Emergencies", consisting of 26 chapters covering most of the high-risk situations all Obstetricians face. The book has special chapters on Safety & Quality in Obstetrics, Patient Transfer and Communication and Obstetric Emergency Drills. The book is impressive with many illustrations, demonstration videos and printable forms. This book has been adopted in many Public and Private Hospitals. Foreword was written by Professor Emeritus Sir Arulkumaran. He visited Malaysia as an external assessor/ validator of ICOE course. I would like to wish congratulations and very best to the team.

The OGSM office has been restructured, from retirement of OGSM Manager Mr Chong we have encountered numerous issues in implementing our policies and running our courses and projects successfully. Miss Premalatha Balakrishnan has been promoted as Manager of Obstetrical and Gynaecological Society of Malaysia. Key Performance Index (KPI) on work schedules has also been implemented. Honorary Secretary of OGSM will supervise the entire operations. If members have any issue feel free to contact the current office manager. I would like to congratulate on her promotion.

OGSM has nominated two representatives for the Preliminary Enquiry of the Disciplinary Board, Malaysian Medical Council. We had six nominations for the two posts. OGSM Council voted for two members to represent the society. Dr Murali Ganesalingam, Consultant O&G, Ampang Hospital and Dr Noor Azmi Mohd Adnan, Consultant O&G University Malaya for the above positions.

OGSM has been busy with numerous educational activities for Trainees Masterclass in Paediatric Adolescent Gynaecology, Urogynaecology, and Reproductive Medicine, all held in the OGSM office. All these masterclasses were webcast live through Facebook. Increasing number of OGSM members have watched these events locally and internationally. I would like to thank all the consultants and specialists for their contribution towards continued medical education of trainees. Nurses were also trained through Fertility Symposium at Aloft Hotel, Kuala Lumpur. Mi -Care Nursing Programme in which OGSM is collaborating organization along with Malaysian Paediatric Society, Malaysian Society of Midwives and Malaysian Nutritional society. "I LOVE ME 2018" Annual Public Health Forum was organized by Dr Goh Huay Yee on 10th March 2018 at Cittel Hotel, Kuala Lumpur. It was a huge success with over 600

participants attended the event.

International relations with fellow societies are remarkable, currently OGSM is working with numerous fellow organizations locally and internationally in AOFOG countries. This enables our organization to galvanize support and network with partners to benefit our members.

### RCOG PRESIDENT DINNER – RCOG WORLD CONGRESS 2018, SINGAPORE



This prestigious Dinner was organized during the RCOG World Congress on 23rd March 2018 at the National Art Gallery, Singapore. I had the opportunity to meet Professor Lesely Regan ,the 30th President of the Royal College of Obstetricians and Gynaecologists, only the second woman to ever hold this role and the first in sixty-four years and Professor Dr. Haywood L. Brown, President of the American College of Obstetrician and Gynaecologist.

This was an email reply from Professor Lesely Regan "Thank you again for the beautiful publication on the Malaysian Society. It is a spectacular production and yes, I have made it a priority to dip into it on more than one occasion since returning from Singapore. It was a pleasure to meet you and have the benefit of your company at the President's dinner".

**DR THANEEMALAI JEGANATHAN**

# OFFICE RESHUFFLE

OGSM is growing by leaps and bounds. There is an OGSM activity or an OGSM affiliated activity almost every weekend. The office staff, who are our true unsung heroes, are always kept on their toes, juggling 101 tasks that need to be completed on a daily basis.

Therefore, the present council felt that it was time to have office administration more streamlined. The first order of business was to promote Ms. Premalatha Balasubramaniam as the official office manager. The second step was to hire an HR consultant to help get everything in order.

After many long meetings, assessments, back and forth discussions, the OGSM administration office now has a more polished work flow. There is now an official employee handbook that is in compliance to the Employment Act. This handbook doesn't just talk about work flow but delves into employee rights such as overtime, leave, retirement and claims. KPI's have also now been put in place to address work flow. New software has also been installed to aid with work such as receipts, accounting and GST.

We hope that with all these newly implemented updates, the Society can continue improve and prosper.

**DR SHARMINA KAMAL**

## ANNOUNCEMENT



OGSM congratulates Ms Premalatha Balasubramaniam on her promotion to the post of OGSM Office Manager. The Society looks forward in continuing our excellent working relationship and anticipate good things to come.

# MOMS CONGRESS

## MALAYSIAN OBSTETRIC MEDICINE (MOM) SCIENTIFIC CONGRESS

27th – 29th April ; Vistana Hotel, Titiwangsa Kuala Lumpur  
"Bridging Medicine & Obstetrics"



OGSM, having had the experience, credibility and resources in organizing successful regional and international scientific congresses, endeavored on another milestone, the Malaysian Obstetric Medicine (MOM) Scientific Congress. Appreciating the fact that medical disorders in pregnancy is the leading cause of maternal deaths in Malaysia and in many developed countries and that the management of these mothers can be extremely challenging; requiring a multidisciplinary sub-specialised approach, we perceived that there is an urgent need to address this issue.

Obstetric Medicine is an emerging subspecialty and this is the first international scientific congress in Malaysia which is purely dedicated to this unique specialty. The objective is to create awareness and to improve the quality of care of such patients, based on the most up-to-date evidence in management. With the tagline "Bridging medicine and obstetrics", this inaugural scientific congress was held between 27th to 29th April 2018 in Vistana Hotel, Titiwangsa, Kuala Lumpur.

Internationally renowned experts in Maternal Medicine, namely Prof Tan Lay Kok from the Singapore General Hospital, Prof Tam Wing Hung from the Chinese University of Hong Kong and Dr Nuzhat Aziz from the Fernandez Hospital, Hyderabad were part of the distinguished international faculty. The Malaysian faculty consists 19 speakers from various subspecialties, including the field of Anaesthesia, Oncology, Cardiology, Hepatology & Gastroenterology, Nephrology, Neurology, Respiratory medicine, Infectious disease and Perinatal Psychiatry. It was a 3 day interactive and comprehensive congress

incorporating lectures, quizzes, grand rounds and interactive case discussions.

We received an overwhelming response, far exceeding our expectations with almost 380 registered participants from various specialties, namely obstetricians, anaesthetist, internal medicine and primary care physicians. Some participants came from as far as Singapore. 30% of the participants were senior consultants and specialist while 50% of them were registrars and senior medical officers.

Based on our interactive feedback, by the end of the third day, 93% of the participants were more confident in managing patients with medical disorders in pregnancy. 90% of the participants perceived that MOMSC was clinically relevant to their daily practice and despite a crowded conference hall, 84% had a positive leaning experience, especially the grand rounds, quizzes and the interactive case illustrations.

92% of them felt inspired by the international faculty and overall, the course had an impressive score of 4.5/5. 97% of them will recommend the course to their colleagues, which they perceived to be most relevant for specialist, consultants, registrars and senior medical officers in Obstetrics, Primary Care, Internal Medicine and Anesthesiology.

I was privileged to have an experienced and dedicated team who worked tirelessly to ensure the success of this congress. From my competent comrade, Dr Hoo Mei Lin to the hardworking reliable managers Miss Premalatha, Miss Jenny Jasbeer Kaur, Mr Baskeran, Mr Chong Kein Lee

and to the ever perseverant team of Dr Fatin Nabila Bt Yazid, Dr Nurhanisah Ahmad Kamal, Dr Jagdeesh Kaur & Dr Kamariah Ahmat @ Mohamad Siam; everyone worked passionately and delivered a congress that all of us will be proud of for a long time.

This is another feather on OGSM's illustrious cap and apart from a success story, is a significant milestone as we have now spread our wings towards collaborating with other subspecialties and societies which are interlinked to us. We are already looking forward for a bigger and a buoyant MOMSC II and we sincerely thank every single individual who made this all a reality.



**DR MUNISWARAN GANESHAN,**  
Course Convenor,  
MOMSC 2018.

## NURSES' FERTILITY SYMPOSIUM

The Nurses' Fertility Symposium was held at Aloft Hotel, Kuala Lumpur on the 11th of February 2018. This was an initiative taken by OGSM as part of its commitment in providing Continuous Medical Education to all medical staff. We are well aware that fertility nurses play a key role in the field of reproductive health both in the government and private sector. They have to be all rounded as they are expected to give counselling, teach techniques of injection, assist in OT and outpatient procedures and be able to advise over the phone. This one day meeting acknowledged how the landscape of reproductive health has changed with updates and insights of the current practices. It is hoped that by attending the meeting it will enhance their professional development and clinical practice as well as in providing an important networking opportunity.

The response to the symposium was overwhelming with 121 participants from various IVF centres throughout the country. The programme was comprehensive, covering aspects of fertility, counselling, issues pertaining specifically to fertility nurses with role play and dialogue sessions. The speakers mainly consisted of experienced fertility clinicians and senior nursing staff. Special note of thanks needs to be mentioned for the contributions of Matron R Inthrani who helped to coordinate the whole event.

**DR KANNAPPAN PALIANAPPAN**

# I LOVE ME



The seventh edition of I Love Me (ILM) Women's Day was held in conjunction with International Women's Day on Saturday the 10th of March 2018 at the Cititel Hotel, Midvalley City, KL, and was attended by 672 members of the public ranging in age from the teens to the 70s.

I Love Me is the only event organized by OGSM for the public, and has been our society's flagship event on its CSR calendar for a number of years, building quite a following amongst past attendees who eagerly anticipate and faithfully attend year on year.

The philosophy underpinning this event is the conviction that knowledge and education are empowering. Through this event, OGSM aims to provide reliable, up-to-date and accessible information about health and well-being to members of the public, at no cost.

As such, we are most indebted to our 18 speakers

who graciously gave up time and effort to participate in our programme this year, without whom ILM would not be possible. Of these 18 speakers, four were gynaecologists and members of OGSM : Dr Tang Boon Nee, Dr Sharmina Kamal, Dr Loh Huey Wen and Dr Premitha Damodaran. We are very grateful to them and to the other 14 health professionals who participated with such enthusiasm.

ILM2018 was organized with the passionate and efficient assistance of my team consisting of Gregg Parker, Zoe Scott and Jeamie Lee, who have partnered with OGSM in the organization of the last four ILMs and whose team of volunteers consisting of family and friends, cheerfully provided the onsite workforce for the running of the actual day, along with Mr Chong and Dr Tan Cheng, who kindly gave up his Saturday to assist with the IT and speaker arrangements.

**DR GOH HUAY-YEE**  
CSR Chair 2017/2018

## ART ROUND TABLE

ART Round Table Discussion, 8th November 2017

Venue: OGSM Office, Mont Kiara.

Speaker / Panelist : Dr. Michael D. Scheiber, Cincinnati IVF, Ohio

This was the first of a series of round table discussion on ART that was planned for the year. We were fortunate to have Dr. Michael D. Scheiber a prominent Reproductive Medicine Consultant from Cincinnati IVF, Ohio, USA. He is the Director of Reproductive Research and Co-Director of the IVF program at the Institute for Reproductive Health in Cincinnati. His other interests include laparoscopic laser surgery, robotic surgery and pelvic reconstructive surgery. The meeting was attended by 20 clinicians with keen interest in fertility at the OGSM office on 8th November 2017. The evening started off with an interesting lecture on Antagonist Cycle and role of LH.

This was followed by a sequence of case presentations and discussions focusing on

- Improving uterine lining prior to embryo transfer
- Best window for implantation
- Review of frozen embryo transfer protocols.

The views expressed during the dialogue among the participants and speaker was very useful. The meeting adjourned followed by dinner at The Barn 1MK.

**DR KANNAPPAN PALIANAPPAN**



The Asia Pacific Gynaecological Endoscopy Training (APGET) Group Limited is a non-profit medical professional organisation founded by Dr. PM Yuen in Aug 2016. Since then, there has been four endoscopic surgery training courses held so far, namely:

- i. APGET 1st Gynecological Endoscopy Surgery Training Course; 22-23 January 2017, Thailand
- ii. APGET 2nd Gynecological Endoscopy Surgery Training Course; 3-4 June 2017, Thailand
- iii. APGET 3rd Gynecological Endoscopy Surgery Training Course; 12-13 August 2017, China
- iv. APGET 4th Gynecological Endoscopy Surgery Training Course; 18-19 November 2017, Hong Kong

This time around, the APGET 5th Gynecological Endoscopy Surgery Training Course was held from 21-22 January 2018, at Olympus T-Tec and Thai-German Multidisciplinary Endoscopic Training Center, Siriraj Hospital. This was a two-day workshop on lectures and hands-on laparoscopic cadaveric dissection. The course director was Dr Amphan Chalermchockcharoenkit (Thailand) with the help of international faculty members such as Dr Pong Mo Yuen (Hong Kong), Dr Tae Joong Kim (South Korea), Dr Tomonori Hada (Japan), Dr Selva Supermaniam (Malaysia), Dr Kuen Ting Chan (Hong Kong) and Dr Chung Hsien Sun (Taiwan).

The aim of this course was to develop skills and techniques in performing advanced procedures in laparoscopic surgery. It helps the trainees to understand the pelvis and retroperitoneal anatomy, develop the skills in



pelvic and retroperitoneal dissection and pelvic lymphadenectomy; and lastly, to master the skills in radical excision for disease such as deep infiltrating endometriosis or gynaecological malignancy.

During the two-day course, lectures covering suture and ligation in advanced laparoscopic surgery, approach to laparoscopy hysterectomy, pelvic nerve and vessels, lateral side wall endometriosis and tissue retrieval system were given to make sure the trainees were aware and understood the topics. This was followed by hands-on session at the endotrainer about suture and ligation as well as laparoscopic morcellation and tissue retrieval. On the second day, trainees were grouped into three and were given the chance to practise cadaveric dissection under the guidance of an experienced faculty member. Trainees were briefed regarding the pelvic anatomy and dissection prior to the hands-on session. We were given the chance to perform pelvic lymphadenectomy, radical hysterectomy and identify all the pelvic and retroperitoneal spaces.

Apart from the fruitful lectures and invaluable hands-on sessions, trainees were also served with good, authentic Thai cuisine. The warm and welcoming faculty dinner during the first day of the course was very memorable. Various delicious local Thai cuisine were served. Social networking among faculty and trainees was beneficial. Exchange of ideas and future collaborations were discussed, aiming to provide better health care to the public.

At the end of the course, all trainees were given certificate of attendance and most importantly, we learned incredible variety of strategies and approaches of performing laparoscopic surgery. This absolutely wonderful and transformational workshop is not to be missed. It is definitely one of the best workshops I have attended so far.

**DR NG BENG KWANG**

Participant

APGET 5th Gynecological Endoscopy Surgery Training Course



Obstetrical and Gynaecological  
Society of Malaysia

26<sup>th</sup> Congress of the Obstetrical & Gynaecologic

# Malaysian International Scientific Congress of Obstetrics & Gynaecology



## 26-29 July 2018

Malaysia International Trade and  
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**Sunway  
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with 650 rooms.  
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completed  
refurbishment  
and good value  
for money.  
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for delegates  
provided.

## CPD points

In June 2017, amendments to the Medical Regulations Act (2012) were gazetted. As a consequence, all applications for the Annual Practising Certificate (APC) must provide evidence of having obtained a minimum of 20 CPD points. This will apply for those applying for APCs for 2020. However, the point collection period will be from 1<sup>st</sup> July 2018 to 30<sup>th</sup> June 2019. Therefore, points collected during MISCOG 2018 will fulfil this mandatory requirement.

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## Congress Highlights

- *Plenary Lectures by World-Class Speakers*
- *5 Concurrent Sessions*
- *10 Meet-the-Experts Sessions*
- *Hands-on Training Sessions*
- *7 Pre-Congress Meetings*
- *OGSM Subspeciality Meetings*
- *Enrichment Lecture*

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### Call for Abstracts

All abstracts accepted will be published in the Malaysian Medical Journal supplement. A golden opportunity for young academicians to get your work published in an indexed peer-reviewed journal. Abstract submission deadline extended to 12 June 2018.

### Topics of interest to be covered:

- *Maternal Fetal Medicine*
- *Gynae-Oncology*
- *Imaging in Obstetrics and Gynaecology*
- *Paediatric and Adolescent Gynaecology*
- *Menopause*
- *Reproductive Medicine*
- *Urogynaecology*
- *Maternal Nutrition*
- *Genetics and Genetic Counselling*
- *Aesthetic Gynaecology*
- *Sexual Dysfunction*

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# THE JOURNEY SO FAR

## INTENSIVE COURSE IN OBSTETRIC EMERGENCIES (ICOE) THE JOURNEY SINCE 2014

The Obstetrical and Gynaecological Society of Malaysia (OGSM) has been conducting courses in obstetric emergencies in Malaysia since 2009. Its very first course was the Life Saving Skills (LSSC): A Course in Obstetric Emergencies and Neonatal Resuscitation which was developed by the Liverpool School of Tropical Medicine and the RCOG. The OGSM conducted this course across



Malaysia and had a successful run until 2013. During its 5-year run, a total of 753 doctors and midwives were successfully trained. This course was later adopted and modified by the Ministry of Health Malaysia that now conducts it across Malaysia on a regular basis; training hundreds of doctors and midwives till today.

From the LSSC, the OGSM gained valuable



insights into the mechanisms and challenges involved in conducting a sustainable and professionally run obstetric emergencies course independently. We also realised there was an urgent need for training in obstetric emergencies both in Malaysia and internationally. Armed with these invaluable experiences, it became clear that the OGSM was now capable of conducting consistent, comprehensive and quality training for doctors and midwives.

The goal was to create a course that could be

customised in its curriculum to address the local and regional needs; incorporating all cadres of medical professionals. With that in mind, the Intensive Course in Obstetric Emergencies (ICOE) was conceptualized. The objectives of ICOE was to enhance and maintain skills in handling obstetric emergencies, in a coordinated, systematic and multi-professional approach while adhering to up to date and evidence based international and regional guidelines.

In its unique way, the aspiration was for ICOE to contribute towards the reduction of maternal and perinatal morbidity and mortality from obstetric emergencies in Malaysia and the Asia Pacific region. The contents of the ICOE are targeted towards practising obstetricians and midwives. It is a simulation based, hands-on course using models of various fidelities together with lectures that incorporates recent updates from various internationally recognised organisations.



This adult teaching methodology is enhanced by practicing skills using various equipments, participating in workshops and demonstrations. It is structured to emphasise interactive feedback so as to achieve specific objectives.

With the support of OGSM, since its inception in 2014, ICOE has now trained a total of 261 midwives in Malaysia and 284 doctors of various cadre, including specialist and senior consultants. ICOE has spread its wings to 8 regional countries, namely Myanmar, Mongolia, Cambodia,



## THE JOURNEY SO FAR



Bangladesh, Laos, Pakistan, India and Sri Lanka. A total of 317 doctors have been trained in these countries. ICOE now has 48 trainers in Malaysia and 52 international trainers and OGSM has worked closely with the regional societies to make this possible. This has indirectly uplifted the good name of OGSM in the Asia Pacific Region.

The request from the regional countries is increasing and we will be doing a tailored ICOE programme in Japan in May 2018. The other possible countries in the future will be Vietnam and Nepal. It has gained endorsement from the Asia Oceania Federation of Obstetricians and Gynaecologists (AFOG) and AFOG helps to part sponsor some of the courses where it is conducted in close collaboration with them.

We maintain its high quality by regularly inviting external assessors to independently assess the course. It has been receiving positive feedback from external quality assessors. The core curriculum of ICOE, named "The Handbook in Obstetric Emergencies" was recently published by OGSM in January 2018, and in the last four months, a total of 500 over books has been sold in Malaysia and internationally.

The adaptability of the ICOE modules allowed us to conduct abridged versions in Coimbatore and Chennai, India where a total of 130 participants were trained. We have also conducted 'theme based' modules focusing on specific topics such as cardiotocography (CTG), postpartum haemorrhage (PPH) and shoulder dystocia in Bangladesh, Myanmar and Malaysia. Evaluation of the course has shown significant impact in improving skills across all categories of staff in all the core and advanced skills. These positive outcomes and the impact of ICOE were presented in ACOG 2015, the RCOG World

Congress in 2016 in Birmingham and in 2017 in South Africa. Incorporating technology into simulation models and participant feedbacks, participants all seemed to enjoy the course and have given positive feedbacks.

We have surpassed our own expectations in such a short period of time but the journey of ICOE has not been without its challenges. Besides funding, these include retention and retraining of trainers, purchase and repair of equipment and research support. We shall however continue to march on in this endeavor of ours to ensure the continued growth of ICOE.

We believe the journey has just started. The increasing request from the region coupled with the passion of the trainers who are all OGSM members makes it enticing to want to grow further. Efforts are in place to reflect back on our



results to reaffirm our belief that ICOE & OGSM is making a difference in making childbirth safe; both in Malaysia and in the Asia Pacific region.

We may not make it safer everytime everywhere but if the ICOE can make a difference sometime somewhere, then it makes the journey all worthwhile.

**DR G MUNISWARAN**  
ICOE Steering Committee  
OGSM  
14th April 2018

## HANDBOOK IN OBSTETRIC EMERGENCIES, "AN OGSM PUBLICATION"

The Intensive Course in Obstetric Emergencies (ICOE) is an obstetric emergencies course conducted by the Obstetrical and Gynaecological Society of Malaysia. Conceptualised in September 2014, a total of 862 healthcare givers have been trained in Malaysia, Myanmar, Mongolia, Cambodia, Bangladesh, Laos, Pakistan, India and Sri Lanka. It is an endeavour by the OGSM and a move forward from the Life Saving Skills Course.

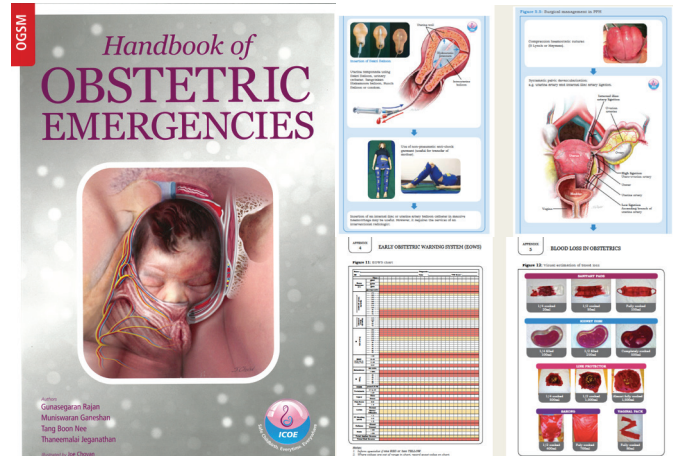
The core curriculum of ICOE has morphed into "The Handbook in Obstetric Emergencies". Published by OGSM in January 2018, this interactive handbook consists of 26 chapters spanning 294 pages. The objective is to bridge the gap between comprehensive knowledge and practical application in obstetric emergencies. Each chapter has a distinct style starting with an introduction followed by objectives, definitions, do's and don't's and a take home message.

The book opens with a chapter dedicated to maternal mortality – the very objective behind the course. The antecedents of deaths are maternal collapse and shock in pregnancy and they are tackled in the subsequent chapters. This is followed by medical emergencies that can cause morbidity or mortality to the mother or baby. The complications of late mid trimester surgical terminations, pre-eclampsia, venous thrombosis and sepsis are also covered. Detailed and coloured pictorial description of intrapartum complications of cord prolapse, shoulder dystocia, uterine rupture, retained placenta, uterine inversion, genital tract trauma, complicated caesarean section and resuscitative hysterotomy and adherent placenta and post partum hysterectomy are all included.

The common obstetric interventions such as induction of labour of high risk pregnancies, vaginal birth after previous caesarean section, intrapartum surveillance, vaginal breech delivery, operative vaginal delivery and vaginal delivery of twins are elucidated in detail. It has been made complete by adding chapters on non technical skills such as quality and safety in obstetric emergencies, obstetric drills, team management and communication.

The appendix is loaded with checklists, documentation forms and management algorithms for the busy clinician which can be easily downloaded and printed.

One of the strengths of this book are the original illustrations by Joe Chovan, an established medical illustrator. The coloured images are from



our own ICOE photo gallery. It comes with an interactive QR code which breaks the monotony of the text and also serves to enrich the reading experience. A list for further reading at the end of each chapter has been provided for those who are interested in gaining more in-depth knowledge and acquiring the needed skills.

With increasing use of technology in medical education, an E-version will also be available as a complement to this handbook. With a more interactive, user-friendly format and the use of videos, the e-version will further enhance the readers' learning experience.

We believe that the reader will find this handbook a valuable resource that complements existing materials dealing with obstetric emergencies. Our goal for this handbook is for it to be immensely useful to all healthcare professionals who practice obstetrics. The style has been kept simple and this should appeal to busy professionals who are frequently on the go. We also make no apology that it is not a textbook, as there are several excellent textbooks and resources already available on obstetric emergencies.

With the cost of RM140, almost 500 copies of this book has been sold both in Malaysia and internationally. This is another non profitable endeavor from OGSM as the entire sum from this book will be channeled to ICOE to fund more courses in obstetric emergencies in the Asia Pacific region apart from sustaining the essentials of ICOE. If you need more information with regards to this book, kindly contact the ICOE administrator at [icoe@ogsm.org.my](mailto:icoe@ogsm.org.my) or contact OGSM at 03-62014009.

**DR G MUNISWARAN**  
ICOE Steering Committee  
OGSM  
14th April 2018

## REPORT ON MASTERCLASS OF PAEDIATRIC AND ADOLESCENT GYNAECOLOGY

The first Masterclass organized by OGSM for the year 2018 was on 6th January 2018; Masterclass



on Paediatric and Adolescent Gynaecology (PAG). This was held at the OGSM office in Plaza Mont Kiara. Despite the late notice of this Masterclass, as many as 30 participants registered, the majority (26) were trainees from many different hospitals and three were specialists. One was unable to attend. One participant came from as far as Sarawak.

The speakers were Assoc. Prof Dr. Ani Amelia Dato'Zainuddin, Prof. Dr. Nur Azurah Abdul Ghani and Dr. Anizah Ali, all from the Paediatric and Adolescent Gynaecology Unit in UKM Medical center. This unit has been established since 2008 and is the first in Malaysia. Both Assoc. Prof Amelia and Prof Nur Azurah trained in PAG in the Royal Children's Hospital (RCH) Melbourne and have obtained their doctorates in this field. Dr. Anizah Ali is a specialist, currently training in PAG. Dr. Nik Rafiza Afendi, all the way from USM, Kelantan, was trained in PAG in Hong Kong. Thus all the speakers were experienced in managing PAG cases.

It started off with a nice breakfast then with a pretest on SBA and EMI MRCOG questions on PAG. The questions were kindly provided by Dr.

Lavitha Sivapatham, the first specialist in MOH to train in PAG from Hospital Ampang. She also trained in RCH Melbourne. This was an exciting event for OGSM as this was our first time that we had a live feed Facebook video session. The OGSM staff; Baskaran, Jenny and Prema had all worked very hard to ensure the success of this live feed Facebook video session. We had as many as 184 views with 20 following the video session from the



beginning until the end! Dr. Hatta, from Hospital Likas, was following us all the way from Liverpool. The feedback received on this Facebook live session was excellent. This idea was first mooted by Dr. Kannappan in December 2017.

Several lectures were given covering a wide spectrum on PAG; from basic sciences, to history and examination, to puberty and teenage pregnancy and contraception to menstrual problems in adolescents and paediatric vulvovaginitis. The masterclass ended with reviewing the SBA and EMI questions.

**ASSOC. PROF DR. ANI AMELIA ZAINUDDIN**

## MASTERCLASS UROGYNAECOLOGY

### OGSM UROGYNAECOLOGY MASTERCLASS 2018

The Urogynaecology Masterclass under the auspices of OGSM was conducted on 10th February 2018 at the OGSM office at Plaza Mont Kiara.

The masterclass was targeted at MOG and MRCOG trainees preparing for their specialist examinations. This session was coordinated by A/Prof Ani Amelia Zainuddin, representative of OGSM and Dr Aruku Naidu, representing the Urogynaecology team.

The session included lectures in the morning, covering topics from pelvic organ prolapse, urinary incontinence, recurrent urinary tract infections to female genital mutilation. The lectures were delivered by Urogynaecology experts including Dr Ng Poh Yin, Dr Aruku Naidu Apana, Prof Lim Pei Shan, A/Prof Ixora Kamisan Atan and Dr Tan Gaik Imm. The session was well attended by trainees and the live streaming of the lectures enabled us to reach a larger audience.

*(cont at pg14)*

# MASTERCLASS REPRODUCTIVE MEDICINE

## OGSM REPRODUCTIVE MEDICINE MASTERCLASS 2018



The Reproductive Medicine Masterclass was successfully conducted on 4th March 2018 at the OGSM office in Plaza Mont Kiara. The masterclass was targeted at MOG and MRCOG trainees preparing for their specialist examinations. 29 trainees and 8 specialists attended the masterclass.

The session was also live streamed in the OGSM Facebook Page and topics that were covered included the assessment of both female and male partners, management of sexual dysfunction, fertility preservation, PCOS and endometriosis in infertility, the overview of Assisted Reproductive Techniques and latest development in Pre-implantation Genetic Testing.

We were honoured to have Dr George Lee Eng Geap, Dr Agilan Arjunan, Dr Sumithra Devi, Dr Vigneswaran Ramakrishnan, Dr Mohan Raj

Varutha Rajoo, Dr Kannappan Palaniappan, Dr Eeson Sinthamoney and Dr Tan Chong Seong as our distinguished speakers. The masterclass was wrapped up with an examination-oriented EMQ/SBA session conducted by Dr Tan Cheng. The session would not have been possible without the support of OGSM's capable staff comprising Mr. Baskeran, Ms. Jenny and Ms. Prema.

The masterclass ended well with positive feedback from the participants including the audience from live streaming. The faculty enjoyed the sharing of knowledge and experiences with the participants in an interactive setting. Good luck to those taking MOG or MRCOG exams!

**DR TAN CHONG SEONG**

## MASTERCLASS UROGYNAECOLOGY

*(from pg 13)*

In the afternoon, the trainees had the opportunity to participate in interactive sessions on Urodynamics, POP-Q assessments as well as attempt mock EMQ and SBA examination questions prepared and enthusiastically conducted by gynaecologists Dr Tan Cheng, Dr Wong Yen Shi and Dr Loh Huey Wen and the rest of the faculty.

The session would not have been possible without the support of OGSM's capable staff comprising Mr Baskeran, Ms Jenny and Ms Prema.

Overall the workshop was a success in that the semi formal setting enabled ample interaction between the faculty and the participants. The faculty enjoyed the sharing of knowledge and experiences with the young audience. We hope that the participants and the online live streaming audience found the session beneficial in preparation for examinations and perhaps inspired to take up Urogynaecology as a subspecialty in future!

**DR TAN GAIK IMM**

## FIGO AWARD FOR DR TANG BOON NEE

The International Federation of Gynecology and Obstetrics (FIGO) has been honoring prominent women in Obstetrics and Gynaecology from all over the world who have significantly contributed towards the improvement of women's health.

Initiated in 1997, this award is traditionally presented during the FIGO World Congress. For the past 20 years, 128 deserving Obstetricians and Gynaecologists from around the globe have been honoured with this prestigious recognition. Three Malaysians have received this award and they are Professor Emeritus Dr Nafisah Adeeab in 1997, Dr Ng Kok Ying in 2003 and Professor Dr Jamiyah Binti Hassan in 2006.

After a 12-year hiatus, it is with great pleasure that we announce this year's recipient; Dr Tang Boon Nee, who will receive this award in October 2018 during the XXII FIGO World Congress of Gynecology and Obstetrics in Brazil.

Dr Boon Nee, a prominent and successful private obstetrician, is no stranger to the fraternity and is passionately engaged in OGSM activities, both in Malaysia and internationally. Having previously served as the Treasurer of OGSM between 1998 to 2006, she later became the President in 2012-2013, being only the third woman in the history of the society to be president. She was influential in ensuring the success of various regional and international conferences, namely the XVIII FIGO World Congress in 2006, RCOG World Congress 2012 and the 24th Asian and Oceanic Congress of O&G in 2015.

Appreciating the importance of preserving our history, Dr Boon Nee was instrumental as one of the editors of OGSM's first publication, the "History of Obstetrics & Gynaecology in Malaysia" which is now a source of reference of our rich O&G history, particularly in the eyes of the society and its members. This gem of a book was awarded the "Best History Book in Malaysia" for 2017.

Dr Boon Nee was one of the pioneers of the Intensive Course in Obstetric Emergencies (ICOE). Piloted in 2014, ICOE has now spread its wings to eight regional countries, namely Myanmar, Mongolia, Cambodia, Bangladesh, Laos,

Pakistan, India and Sri Lanka; having trained a total of 862 healthcare givers in Malaysia and internationally. ICOE continues to grow and other countries that have shown interest are Japan, Vietnam and Nepal. This has indirectly uplifted the good name of OGSM in the Asia Pacific Region and

she still successfully juggles her time between her work, patients, family and her passion. She is one of the editors of the "Handbook of Obstetric Emergencies", the core curriculum of ICOE and more than 500 copies of this book has been sold in Malaysia and in Asia Pacific countries over the last 4 months since its launch.

CSR projects have been very close to her heart. She has been empowering and educating women via numerous public health forums and has also ensured the poor and the needy were not left behind, especially the immigrants in Malaysia by extending health services and voluntary screening programmes via the society.

Understanding the increasing medicolegal demands of the fraternity, Dr Boon Nee has also tirelessly worked with the Ministry of Health of Malaysia, the Malaysian Judiciary and the Medicolegal Society of Malaysia for the benefit of all members of the fraternity.

Dr Boon Nee is a highly dedicated and an inspiring leader who genuinely cares from the heart. She is driven by passion and she has touched many lives with her inspiring, sincere hard work.

I am not sure if this award does justice to Dr Boon Nee's remarkable contributions, but what I am very sure of is that she definitely does justice to this award. She is an inspiration to all of us and we are honoured that one of our very own prominent member have deservedly been recognized by FIGO.



**DR G MUNISWARAN**

# CALENDAR OF EVENTS

Date	Event	Venue	Contact
24-25 May	2nd International Conference on Women Health and Breast Cancer	Valencia, Spain	Secretariat: Ms A Charishma Tel: +91-779 979 0001 Email: womens_health@scientificfederation.com Website: <a href="http://scientificfederation.com/women-health-2018/">http://scientificfederation.com/women-health-2018/</a>
25- 27 May	Franchise MRCOG Final Preparation: Part 2 Revision Course	Penang Medical College, Penang	Secretariat: Prof Paul Fogarty Tel: +60 (0) 4-228 7171 Email: paulfogarty@pmc.edu.my
28-30 May	Part 1 MRCOG Intensive Course	Amada Hotel, Petaling Jaya	OGSM Secretariat Tel: 03-6201 3009 ; Fax: 03-6201 7009 Email: administrator@ogsm.org.my Website: <a href="http://www.ogsm.org.my">www.ogsm.org.my</a>
28-30 June	APAGE Regional Congress 2018	KK Women's and Children's Hospital, Singapore	Secretariat: Ms Liam Toh & Ms Anita Kurup Tel: (65) 6394 1771 & (65) 6394 5993 ; Fax: (65) 6298 6343 Email: liam.toh.gn@kkh.com.sg & anita.kurup@kkh.com.sg Website: <a href="http://apage-sg.com.sg/">http://apage-sg.com.sg/</a>
13-15 July	Advanced Obstetric & Gynaecology Ultrasound Course	Hospital Raja Permaisuri Bainan, Ipoh, Perak	Secretariat: AMO Syafiqah, AMO Nurul Haida & AMO Ghani Tel: 013-543 6780, 019-597 7191, 016-540 7797 Fax: 05-243 7389 Email: advanced.uscoursehrpb@gmail.com Website: <a href="http://www.ogsm.org.my/">http://www.ogsm.org.my/</a>
18-19 July	4th Annual Conference on Gynecologic Oncology	Atlanta, Georgia, USA	Secretariat: Ms Vennela Desouza Tel: +1-888-843-8169 ; Fax: +1-650-618-1417 Email: gynecologiconcology@oncologyseries.com Website: <a href="https://gynecologiconcology.conferenceseries.com/">https://gynecologiconcology.conferenceseries.com/</a>
24-25 July	10th Diabetes Complications Conference & Grand Rounds	The Waterfront Hotel, Kuching, Sarawak, Malaysia	Secretariat: Ms Rosmawati, Ms Farah, Ms Amelia & Ms Su'aidah Tel: 03-7876 1676 ; Fax: 03-7876 1679 Email: enquiry@nadiadiabetes.com.my Website: <a href="http://www.diabetesmalaysia.com.my/">http://www.diabetesmalaysia.com.my/</a>
26-29 July	Diabetes Asia 2018 Conference	Borneo Convention Centre Kuching, Kuching, Sarawak, Malaysia	Secretariat : Ms Rosmawati, Ms Farah, Ms Amelia & Ms Su'aidah Tel: 03-7876 1676 Fax: 03-7876 1679 Email: enquiry@nadiadiabetes.com.my Website: <a href="http://www.diabetesmalaysia.com.my/">http://www.diabetesmalaysia.com.my/</a>
26-29 July	Malaysian International Scientific Congress in Obstetrics & Gynaecology	MiTEC, Kuala Lumpur	OGSM Secretariat Tel: 03-6201 3009 ; Fax: 03-6201 7009 Email: administrator@ogsm.org.my Website: <a href="http://www.miscog2018.org">http://www.miscog2018.org</a>
11-12 August	12th Intensive Course in Obstetric Emergencies for Midwives	Vistana Hotel, Kuala Lumpur	OGSM Secretariat Tel: 03-6201 3009 ; Fax: 03-6201 7009 Email: secretariat@miscog2018.org Website: <a href="http://www.ogsm.org.my/icoe">www.ogsm.org.my/icoe</a>
20-21 Sept	World Congress on Gynecology & Obstetrics	Toronto, Canada	Secretariat: Mr Tirupathi Tel: +91-779-979-0001 Email: wcgo-2018@scientificfederation.com Website: <a href="http://scientificfederation.com/gynecology-2018/">http://scientificfederation.com/gynecology-2018/</a>
21-23 Sept	Enhancing Women's Life	Pullman Bangsar, Kuala Lumpur	Congress Secretariat: Dr Ng PY, Ms Linda, Ms Khadijah & Ms Sue Tel: 03-2615 5448 Email: mugs.apuga2018@gmail.com Website: <a href="http://www.urogynaehkl.tk/">http://www.urogynaehkl.tk/</a>
22-23 Sept	12th Intensive Course in Obstetric Emergencies for Doctor	Vistana Hotel, Kuala Lumpur	OGSM Secretariat Tel: 03-6201 3009 ; Fax: 03-6201 7009 Email: secretariat@miscog2018.org Website: <a href="http://www.ogsm.org.my/icoe">www.ogsm.org.my/icoe</a>
20-24 Oct	28th World Congress on Ultrasound in Obstetrics and Gynecology	Singapore	Secretariat Ms Freya Ross Email: congress@isuog.org Website: <a href="https://www.isuog.org/events/world-congress.html">https://www.isuog.org/events/world-congress.html</a>
27-28 Oct	13th Intensive Course in Obstetric Emergencies for Midwives	Vistana Hotel, Kuala Lumpur	OGSM Secretariat Tel: 03-6201 3009 ; Fax: 03-6201 7009 Email: secretariat@miscog2018.org Website: <a href="http://www.ogsm.org.my/icoe">www.ogsm.org.my/icoe</a>
12-14 Nov	5th World Congress on Nursing & Healthcare	Toronto, Canada	Secretariat Event Manager Tel: +91-779-979-0001 Email: nursing-2018@scientificfederation.com Website: <a href="http://scientificfederation.com/nursing-healthcare-2018/">http://scientificfederation.com/nursing-healthcare-2018/</a>
1-2 Dec	15th Intensive Course in Obstetric Emergencies for Doctor	Vistana Hotel, Kuala Lumpur	OGSM Secretariat Tel: 03-6201 3009 ; Fax: 03-6201 7009 Email: secretariat@miscog2018.org Website: <a href="http://www.ogsm.org.my/icoe">www.ogsm.org.my/icoe</a>