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# OGSM NEWSLETTER



Obstetrical &amp; Gynaecological Society of Malaysia

## FROM THE PRESIDENT'S DESK

**S**elamat Hari Raya and Eid Mubarak to all Malay and Muslim Members of the society.

One year of presidency is coming to an end, the time is short to carry out effective projects during the President's tenure of twelve months. Nevertheless, I was blessed with an effective team to carry out various events. I must thank the OGSM Council and OGSM staff who worked tirelessly to accomplish all the projects in a short time.



The utmost task was to organize the OGSM office, staff and appointment of new OGSM Manager, Miss Premalatha Balasubramaniam. It took nearly four months to study and was also a challenge to implement an effective work flow in the office to carry out various projects or even multiple events in the same day. Mr Chong has returned to work on flexible hours and has been employed on part time basis as an advisor to the OGSM office. The Honorary Secretary has been appointed to supervise the entire OGSM staff. We are also in the process implementing new office accounting and billing system, this will enable us to manage our accounts and finance better without depending on our accountant.

All events were organized just before the month of Ramadhan, Masterclass on Gynaecology was held at OGSM office, which was jointly organized by OGSM, College of O&G and Malaysian Gynaecological Cancer Society. This event was attended by many trainees. The Fertility Forum was also organized on the same day on 12th May 2018 and was held in Port Dickson, Negeri Sembilan. The OGSM Obstetric Skills training was recognized by the Japanese Council of Saving Maternal Lives (JCMSL) and invited our team to conduct iCOE Post Partum Haemorrhage Module. This course was conducted during the Annual Congress of the Japan Society of Obstetric and Gynaecology at Sendai International Convention Center. It will be a tremendous achievement for O&G Society of Malaysia to be recognized in the developed world where maternal deaths rates are

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# OGSM FERTILITY FORUM



With the aim of organising a discussion among a concentrated group of fertility medicine practitioners in the country, Organising Chairman, Dr P Kannappan with the support of OGSM held a Fertility Forum in Avillion, Port Dickson. The concept was well received, with 80 participants from various centres around Malaysia attending the course on the 12th-13th May 2018.

Two well renowned speakers, Professor Teraporn Vutyavanich from Thailand and Professor Peter Platteau from Belgium were the expert panellists. They each spoke on topics surrounding stimulation protocols and luteal phase support, respectively, and highlighted the evidence supporting (or the lack thereof) current practice.

Case presentations were also conducted successfully, with interactive sessions which were

both thought provoking as well as instructive. Moderators of the case presentations included Dr Surinder Singh, Dr KK Iswaran and Dr Sumithra Devi Valiapan.

The topics for case discussion were purposefully selected to encourage effective discussion on individualised fertility treatment options and innovative treatment strategies in cases of endometriosis, poor responders, PCOS, recurrent implantation failure and poor embryo quality. Presenters included Dr Choo Gim Sun, Dr Magendra Ramalingam, Dr Malini Mat Napes, Dr Mohan Raj, Dr Nasuha Yaacob, Dr Sarah Mubarak and Dr Tan Chong Seong.

**DR P. KANNAPPAN**

Chairman, Reproductive Medicine, OGSM

## PRESIDENT'S DESK

*(from page 1)*

low. Congratulations for all the people for their contribution. The OGSM website design was old and webpage has been revamped, Dr Tan Chong Seong spent nearly six months to redesign the new web page. This web page is more user friendly and easily accessible. Kindly check out [www.ogsm.org.my](http://www.ogsm.org.my)

Patient Information leaflets are useful tools to counsel patients with regards to their medical conditions, which are very few and not specifically designed for Malaysia. We have been working on patient information leaflets along with other societies, College of O&G and the Medicolegal Society. We have developed information leaflets on Hysteroscopy, Laparoscopy, Abdominal Hysterectomy and Vaginal Delivery. These will soon be translated to local languages. Members are advised to download these leaflets from the OGSM website and should use them before obtaining informed consent. Addendum to obtain informed consent will also be available.

Dr Eeson Sinthamoney, Organizing Chairman for the upcoming Malaysian International Scientific Congress has been working on organizing our prestigious OGSM congress. The theme of the

congress is "Where Technology, Evidence and Skills Meet". The scientific team has invited renowned international faculty from all over the world. The team has also organized entertaining social events. The OGSM council would like to invite all OGSM members to participate in this scientific congress to meet, educate and socialize. Hope to see you all there.

The Society will see a new team for the year 2018-2019 in the upcoming AGM. And it's the time to hunt for new young leaders to lead the society in future. The young leaders with values of honesty, integrity, passion, creativity and decision-making capabilities are chosen by the members during the AGM. These young leaders should be capable of communicating effectively and work closely with other council members. The biggest challenge is to identify and nurture these young talents.

I wish Dr Eeson Sinthamoney, the President-Elect OGSM and the newly elected team a successful year ahead. I would like to thank each and every one who supported me and the team a Big Thank You.

**DR THANEEMALAI JEGANATHAN**

President OGSM 2017-2018

# INTENSIVE COURSE IN OBSTETRIC EMERGENCIES (ICOE)

## INTENSIVE COURSE IN OBSTETRIC EMERGENCIES (ICOE) IN SENDAI, JAPAN

A collaboration with the Japan Council for Implementation of Maternal Emergency Life Saving System (J-CIMELS) & Asia Medical Support Organization (AMSO)  
12th May 2018, Sendai International Centre, Japan

Another feather in OGSM's illustrious cap. After successfully running ICOE courses and core modules in Myanmar, Cambodia, Laos, Mongolia, India, Bangladesh, Pakistan, Sri Lanka, it was Japan that came calling.

The Japan Council for Implementation of Maternal Emergency Life Saving System (J-CIMELS) is a multi-professional amalgam of various subspecialty organizations involving emergency physicians, anaesthetist, obstetricians and midwives in Japan. Founded in 2015, their objective was to disseminate skills and knowledge on maternal resuscitation with the aim to reduce maternal mortality in Japan which is already one of the lowest in the world. They have been successfully running their basic and advanced certification courses since 2015 throughout Japan, which has now been extended to other regional countries such as Cambodia.



Having heard of our impressive work in Cambodia, they came down to personally witness the two day ICOE course in Cambodia and later in Malaysia in 2017. Being impressed with the simulation and advanced skills of ICOE, particularly skills involving PPH management, complicated caesarean section, sepsis and labour ward essentials, they perceived that a collaboration would be ideal to tailor make a course for the consultants and specialists in Japan.

So, on the 12th of May 2018, the four principal ICOE trainers ran a one-day J-CIMELS & ICOE course in Sendai, Japan. The morning session was all about advanced maternal resuscitation by the J-CIMELS team of experienced trainers and the afternoon session was an ICOE module incorporating demonstration of team management, skills on postpartum haemorrhage, complicated caesarean section, labour ward essentials and a workshop on sepsis.

A total of 12 participants were trained, all of whom were all senior trainers for J-CIMELS and experienced consultants and specialists themselves. We even used a new simulation model specific to teach the skills on complicated caesarean section and we incorporated various interactive sessions complete with pre & post assessment of the skills.

It was well received and was a huge success. The language was no barrier and despite being experienced themselves, they were truly impressed with our teaching methodology and simulation models apart from our interactive hands-on sessions. It was a two-way learning experience as we, the ICOE trainers also gained valuable insight about their own course which was truly of high quality. It was a 360 degree enriching experience for all of us.

All the participants had their objectives achieved while 89% of them felt more confident in managing obstetric emergencies following ICOE. The course was graded 4.4/5 and all of them thought the complicated caesarean section was the most relevant skill for their daily practice.

Our own "Handbook of Obstetric Emergencies" were also extremely popular and a total of 45 books were purchased even before the course. They were truly impressed with the illustrations of the book and efforts are now in place to translate the book into Japanese which is our next upcoming endeavour.

We have been invited once again to run another course in 2019 in Japan and with this unique collaboration between our two societies, we believe will go a long way for the benefit of one and all.

**DR MUNISWARAN G**  
ICOE Steering Committee  
June 2018



# MASTERCLASS GYNAEONCOLOGY



## MASTERCLASS GYNAEONCOLOGY, 12 MAY 2018

The Masterclass Gynaecology was held at the OGSM office on 12th May 2018. The speakers involved were from a mix of different institutions; both public, private and teaching hospitals; Dr Jamil Omar from the National Cancer Institute, Putrajaya, Dr Paul Ng and Dr Ahmad Zailani Hatta from Hospital Pantai Bangsar, Assoc. Prof Si Lay Khaing from University Malaya Medical Center, Dr Vicknesh Visvalingam, the President of the Malaysian Gynaecological Cancer Society (MGCS) and Dr Loh Huey Wen from GHKL did the pre- and post-tests. This Masterclass was co-organized by OGSM, MGCS and the College of O&G, Academy of Medicine. The topics had been proposed by

Assoc Prof Nasir Shafiee from UKM and were divided into prevention, gynaecology and fertility and surgery and treatment. There were 14 participants, the number were low due to on-going Masters Exams in May. The VTE Conference in Putrajaya was also held on the same date. There was no Facebook live feed as the admin staff involved was involved in another OGSM programme.

**ASSOC PROF ANI AMELIA DATO' ZAINUDDIN**

## REVAMPED OGSM WEBSITE

### REVAMPED OGSM WEBSITE LAUNCH [www.ogsm.org.my](http://www.ogsm.org.my)

We are pleased to announce our newly revamped website is live. After many months of hard work and dedication, we are delighted to officially announce the website launch on 1st July 2018. Our goal is to create a user-friendly browsing experience for our members as well as a dedicated section for the public.

In addition to aesthetically re-designing our website, we have also refined the menu structure for an enhanced user experience for all platforms (desktop and mobile versions) in accessing information relating to our society. There's a host of smaller but impactful changes, all to make your experience of the OGSM website enjoyable and fuss-free.

We encourage everyone to visit and explore the site. We value the feedback of our members, so if you have any suggestions to improve any areas of our website, please drop us an e-mail ([administrator@ogsm.org.my](mailto:administrator@ogsm.org.my)) to give us your feedback. We will continue to expand our content to deliver the most updated and relevant information for members.

We look forward to staying connected with our members on social media. Follow us on Facebook (<https://www.facebook.com/ogsmmalaysia>). We would also like to thank our amazing staff at OGSM office and the Neudimension team for assisting in this endeavour.

**TAN CHONG SEONG**  
Chairperson  
OGSM Website

<b>Date</b>	<b>Event</b>	<b>Venue</b>
29 June -1 July	ICOE Cambodia	Phonm Pehn, Cambodia
13-15 July	Advanced Obstetric & Gynaecology Ultrasound Course	Hospital Raja Permaisuri Bainun, Ipoh, Perak
15 July	A One Day Intensive Course in Obstetrics and Gynaecology & the General Practitioner	Armada Hotel, Petaling Jaya
24-25 July	10th Diabetes Complications Conference & Grand Rounds	The Waterfront Hotel, Kuching, Sarawak, Malaysia
26-29 July	Diabetes Asia 2018 Conference	Borneo Convention Centre Kuching Kuching, Sarawak, Malaysia
26-29 July	Malaysian International Scientific Congress in Obstetrics & Gynaecology	MiTEC, Kuala Lumpur
11-12 August	12th Intensive Course in Obstetric Emergencies for Midwives	Vistana Hotel, Kuala Lumpur
11-13 August	Masterclass in Laparoscopic Surgery: Then and Now	Auditorium & Operation Theater, Hospital Sultan Abdul Halim, Sungai Petani, Kedah
16-17 August	Perlis National Midwifery Conference 2018	Hospital Tuanku Fauziah Kangar, Perlis
20-21 Sept	World Congress on Gynecology & Obstetrics	Toronto, Canada
21-23 Sept	Enhancing Women's Life	Pullman Bangsar, Kuala Lumpur
22-23 Sept	14th Intensive Course in Obstetric Emergencies for Doctor	Vistana Hotel, Kuala Lumpur
20-24 Oct	28th World Congress on Ultrasound in Obstetrics and Gynecology	Singapore
27-28 Oct	13th Intensive Course in Obstetric Emergencies for Midwives	Vistana Hotel, Kuala Lumpur
12-14 Nov	5th World Congress on Nursing & Healthcare	Toronto, Canada