

# 5<sup>TH</sup> OGSM - RCOG LIFE SAVING SKILLS COURSE 2009

## A Comprehensive Course in Emergencies in Obstetrics and the Newborn

## incorporating Training of Trainers Course

*Organised by*



The Obstetrical & Gynaecological  
Society of Malaysia

*In Collaboration with*



The Royal College of  
Obstetricians & Gynaecologists

*Supported by*



The Ministry of  
Health Malaysia

**IIUM, Kuantan**

**14-16 May 2009 (LSSC)  
17 May 2009 (TOT)**

## Message from the Organisers

The Obstetrical and Gynaecological Society of Malaysia (OGSM) and the Ministry of Health, Malaysia (MOH) have continuously been organizing CME programmes to further enhance the skills and knowledge of its practitioners within the fraternity. The last Life Saving Skills Course was successfully carried out in February 2009 at UNIMAS, Kuching. The Organising Committee intends to organise 5 more courses in 2009 at different regions in the country. It is our fervent hope that the participants would be able to utilise the knowledge gained in improving the care of the labouring women and the newborn. It is with these objectives that the OGSM

and the MOH in collaboration with the RCOG will be conducting the **5th OGSM-RCOG Life Saving Skills Course** from 14-16 May 2009 and a **Train the Trainers Course** on 17 May 2009 at the International Islamic University Malaysia (IIUM), Kuantan.

We hope you will benefit tremendously from the Course.

**Obstetrical and Gynaecological Society of Malaysia**

**Ministry of Health Malaysia**

## About the course

On behalf of the OGSM, I have great delight to announce that a Life Saving Skills Courses will be held from 14-16 May 2009. The program is very comprehensive and covers all possible obstetric emergencies that one encounters in the maternity setting. It is a practical orientated course with lots of hands-on and it will be conducted by RCOG certified trainers trained by the RCOG and an RCOG consultant.

The course covers short lectures, skills teaching, case scenarios, workshops and demonstrations on manikins and equipments. The emphasis is on the emergencies in the Labour Room. The topics covered include ABCs of Maternal Resuscitation, Newborn Resuscitation, Eclampsia, Haemorrhage, Shock, the Unconscious Patient, Sepsis, Obstructed Labour, Instrumental Deliveries, Shoulder Dystocia, Multiple Gestations, Third & Fourth Degree Tears and Surgical Skills in

Caesarean Sections and Perineal Tears. Manuals and course materials will be supplied to the participants.

At the same time, we are also conducting a Trainers Course on 17 May 2009 and members who are interested in becoming trainers are advised to indicate in the registration form. The trainers trained on 17 May 2009 will be expected to assist in the training of participants in future courses.

The participants will receive a joint OGSM-RCOG certificate upon completion of the course. We have to-date trained 139 doctors and 19 certified trainers. It is envisaged that eventually all caregivers in active obstetric practice will have completed this course at least once.

**DR GUNASEGARAN PT RAJAN**  
Course Director

### WORKING COMMITTEE

#### Course Director

Dr Gunasegaran P T Rajan

#### MOH Liaison Officer

Dr Mohamad Farouk Abdullah

#### Committee members

Dr Tang Boon Nee

Dr Krishna Kumar

Dr Mohd Azam Mohd Yusoff

Mr KL Chong

### RCOG FACULTY

RCOG Representative

### OGSM/MOH FACULTY

**Dr Gunasegaran P T Rajan** (*Damansara Specialist Hospital*)

**Dr Tang Boon Nee** (*Subang Jaya Medical Centre*)

**Dr Krishna Kumar** (*Hospital Tuanku Ja'afar*)

**Dr Mohd Azam Mohd Yusoff** (*Hospital Tengku Ampuan Afzan*)

**Dr Norliza Rusli** (*Hospital Sultan Hj Ahmad Shah*)

**Dr Thaneemalai Jeganathan** (*Hodkins Women's Specialist Clinic*)

**Dr Wan Yoke Har** (*Hospital Kuala Lumpur*)



## Day 3

(Saturday, 16 May 2009)

|       |  |                                       |
|-------|--|---------------------------------------|
| 08.00 | <b>Registration</b>  |                                       |
| 08.20 | <b>Lecture: Preventing Obstructed Labour</b>   |                                       |
| 08.40 | <b>Breakout – Workshops and Scenario: Obstructed Labour</b>                                    |                                       |
|       | Group 1: Partograph 1  | Group 2: Partograph 2 and 3           |
|       | Group 3: Failure to Progress   | Group 4: Ruptured Uterus              |
| 10.40 | <b>Coffee Break and Meet your Mentor</b>   |                                       |
| 11.10 | <b>Lecture: Assisted Delivery</b>  |                                       |
| 11.30 | <b>DVD: Vacuum Delivery</b>  |                                       |
| 11.45 | <b>Breakout – Skills: Assisted Delivery</b>  |                                       |
|       | Group 1: Skill – Vacuum  | Group 2: Skill – Vacuum               |
|       | Group 3: Skill – Vacuum  | Group 4: Skill – Vacuum or Forceps    |
| 13.05 | <b>Lunch and Meet your Mentor</b>  |                                       |
| 13.55 | <b>Surgical Skills</b>   |                                       |
| 14.15 | <b>Breakout – Workshops / Skills: Caesarean Section, Retained Placenta and Perineal Repair</b> |                                       |
|       | Group 1: Skill – MVA and ERPOC   | Group 2: Skill – Retained Placenta    |
|       | Group 3: Workshop – Difficulties at C Section  | Group 4: Skill – Genital Tract Trauma |
| 16.00 | <b>Revision Skill Stations / Meet your Mentor</b>  |                                       |
| 16.50 | <b>Presentation of Certificates and Close</b>  |                                       |

## 'Training of the Trainers' (TOT) (Sunday, 17 May 2009)

|       |   |
|-------|---|
| 08.00 | Registration  |
| 08.30 | Presentation – Introduction to teaching the LSS EONC Course |

### Module 1A: Lecturing

|       |  |
|-------|--|
| 09.00 | Discussion: 'What makes a good lecture / lecturer?' all delegates and all faculty Lectures have been allocated to delegates the previous day. They would have practiced them over night and present to the group during the afternoon session. |
|-------|--|

### Module 2: Scenario Teaching

|       |  |
|-------|--|
| 09.50 | Discussion: What is a scenario? What is it trying to achieve and how to run a scenario?        |
| 10.30 | Coffee   |
| 11.15 | Demonstration of a scenario including how to manage difficult learners. Discussion of scenario |

### Module 3: Skills Teaching

|       |   |
|-------|---|
| 11.45 | Demonstration of skills teaching followed by explanation and discussion |
| 12.30 | Lunch   |

### Module 1B: Lecturing Practice

|       |   |
|-------|---|
| 13.00 | All delegates to present the first 10 slides of their lectures. After presenting – all applaud and they exit with their mentor for confidential feedback. |
| 14.45 | Break out sessions to teaching/practicing skills 1  |
|       | Group 1 Airway and CPR  |
|       | Group 2 Volume Replacement and Atonic Uterus Workshop   |
|       | Group 3 Newborn Resuscitation   |
|       | Group 4 Venous Cutdown  |
| 15.45 | Tea   |
| 16.00 | Break out sessions to teaching/practicing skills 2  |
|       | Group 1 Partograph  |
|       | Group 2 Assisted Vaginal Delivery   |
|       | Group 3 Shoulder Dystocia & Breech  |
|       | Group 4 Genital Tract Trauma & Repair   |
| 17.00 | General Feedback/Questions & Close  |

### Accommodation (Please Make Own Arrangements)

|                            |                  |
|----------------------------|------------------|
| Shahzan Inn (3 Star)       | Tel: 09-513 6688 |
| Hotel Vistana (4 Star)     | Tel: 09-517 8000 |
| M.S. Garden Hotel (4 Star) | Tel: 09-517 7899 |

## REGISTRATION FORM

Name : \_\_\_\_\_ (Specialist : Yes / No )

Hospital : \_\_\_\_\_

Address : \_\_\_\_\_

E mail : \_\_\_\_\_

Fax : \_\_\_\_\_ Tel/Mobile : \_\_\_\_\_

### Registration Fee

|                           |        |
|---------------------------|--------|
| Life Saving Skills Course | RM 500 |
| Train the Trainers Course | RM 100 |

I would like to attend the following (please tick the appropriate box)

5th OGSM-RCOG Life Saving Skills Course (14-16 May 2009)

Train the Trainers Course (17 May 2009)

Enclosed cheque / money order / postal order / LPO No. \_\_\_\_\_  
for RM \_\_\_\_\_ payable to the "Obstetrical and Gynaecological Society of Malaysia"  
and send to the following address:

### OBSTETRICAL AND GYNAECOLOGICAL SOCIETY OF MALAYSIA

Suite C-07-02, Plaza Mont Kiara  
No.2, Jalan Kiara, Mont Kiara  
50480 Kuala Lumpur  
MALAYSIA

Tel: +603-6201 3009 Fax: +603-6201 7009 Email: ogsm@myjaring.net

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

The maximum number of participants is 24 for the Life Saving Skills Course and 12 for Train the Trainers Course.