

# OGSM CREATE COURSE

Organised by OGSM in collaboration with MMA Sabah Branch



**"PRACTICAL & HANDS ON SESSIONS  
FOR IMPLANON & IUCD PROCEDURES"**

Day 1 :

- 8.00am Registration
- 8.30am : Overview of Unintended Pregnancies and status of Contraception in Malaysia
- 9.00am: LARCs - IUDs and Implants
- 9.30am: Tea Break
- 10.00am: Contraceptive usage in High risk Patients & Specialised Groups
- 10.30am :Emergency Contraceptives and Sterilisation
- 11.00am: Natural Methods ( LAM, Rhythm, Withdrawal) & Barrier methods.
- 11.30am : Combined Hormonal Contraception
- 12.15pm : Lunch
- 1.30pm: Progesterone only contraception
- 2.00pm : Case Discussion
- 2.30pm : Contraceptive counselling
- 3.00pm : Role play
- 3.45pm: Adjournment

Day 2 :

- 8.00am : Registration
- 8.30am: Overview of Contraception in Malaysia
- 9.00am: Role of LARCs in the Prevention of Unintended Pregnancies and the Malaysian LARCs Guidelined.
- 9 30am :Tea Break.
- 10.00am: IUDs and IUS.
- 10.30am : Hormonal Implants
- 11.30am: Video of Implant insertion & removal
- 12.00pm : Practical sessions on Implants and IUCDs insertion & removal.
- 1.30pm : Qs & Answers
- 1.40pm : Lunch
- 2.45pm - 4. 45pm : Contraceptive Counseling Workshops

Date : 12th & 13th February 2022 (Sat & Sun)

Venue : Raia Hotel, Kota Kinabalu

Course Fee : RM 180

## SPEAKERS

**DR JOHN TEO**  
CONSULTANT OBSTETRICIAN &  
GYNAECOLOGIST

**DATUK DR MOHAMED HATTA TARMIZI**  
CONSULTANT OBSTETRICIAN &  
GYNAECOLOGIST AND  
REPRODUCTIVE MEDICINE &  
INFERTILITY SPECIALIST

**DR CHEONG YEE TSING**  
CONSULTANT GYNAECOLOGIST &  
FERTILITY SPECIALIST

**DR MICHAEL HOONG FARN WENG**  
OBSTETRICIAN & GYNAECOLOGIST

**LIMITED SEAT AVAILABLE  
HURRY UP!**

For more info contact : 012 805 5009

**16 CPD POINTS AVAILABLE**

Visit <https://forms.gle/nZg7tzTxAUsgq7q59> or Scan QR Code to Sign up



**P  
R  
O  
G  
R  
A  
M  
M  
E**