

“Contraceptives are the greatest life-saving, poverty ending, women empowering innovation ever created.”

RM180

per participant
Limited slots ONLY!

- CPD points available
- Certificates
- Practical Sessions

SCAN ME



REGISTER NOW >



CONTACT US

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CLICK FOR ACCOMODATION
AND PLACES TO EXPLORE

OGSM CREATE Contraceptive Course Sandakan

Speakers

Dr John Teo

Obstetrician & Gynaecologist
Coordinator of OGSM CREATE Course

Dr Lavitha Sivapatham

PAG Consultant

Dr Ana Vetriona

PAG consultant

Dr Lim Leek Mei

Obstetricin & Gynaecologist



Obstetrical and Gynaecological
Society of Malaysia

11th & 12th MARCH 2023

RAINFOREST HALL

RAINFOREST DISCOVERY

CENTRE

SEPILOK, SANDAKAN



Day 1

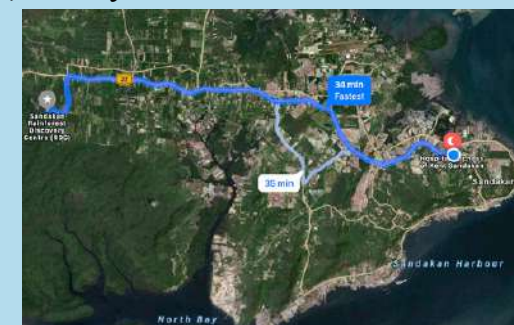
11th March 2023

- 8.00am Registration
- 8.30am Overview of Unintended pregnancies and Status of Contraception in Malaysia
- 9.00am LARCs - IUDs and Implants
- 9.30am Tea Break
- 10.00am Contraceptive Usage in High Risk Patients & Specialized Groups
- 10.30am Emergency Contraceptives and Sterilisation
- 11.00am Natural methods (LAM, Rhythm, Withdrawal) & Barrier Methods
- 11.30am Combined Hormonal Contraception
- 12.00pm Lunch break
- 1.30pm Progesterone only contraception
- 2.00pm Case Discussion
- 2.30pm Contraceptive Counselling
- 3-5pm Role Play

Day 2

12th March 2023

- 8.00am Registration
- 8.30am Overview of Contraception in Malaysia
- 9.00am Role of LARCs in the Prevention of Unintended Pregnancies & the Malaysian LARCs Guidelines
- 9.30am Tea Break
- 10.00am IUD and IUS
- 10.30am Hormonal implants
- 11.30am Video of Implant insertion & Removal
- 12.00pm Practical Sessions on Implants and IUCDs insertion and Removal
- 1.30 pm Questions and answers session
- 1.40 pm Lunch Break
- 2.30pm Contraceptive counselling
- 4.30pm Adjournment



Sandakan was formerly known as "Elopura" and is also the second-largest town in Sabah. Known as the nature city, Sandakan visitors would have the opportunity to explore wildlife sanctuaries and discovery centre. The city is also famous for its wide range of fresh and delicious seafood.

