

March will be 20°C (68°F) and ranges from 12°C (54°F) to 28°C (83°F).

Venue: **Soaltee Hotel**

Scan For Location of Soaltee Hotel



Note

Places to visit in Nepal are Lumbini, the birthplace of Lord Buddha, is in Western Nepal. It's 250 km from Kathmandu. Duration 35- minutes flight, plus 1-hour drive and by road 7+ hours. The places to visit in Lumbini are Maya Devi temple, Bodhi tree, Ashoka pillar, World peace pagoda, museum and vihar. Pokhara, the city of lakes with the view of Machhapurche (Fishtail Mountain) is 200 km from Kathmandu, 25 minutes by air. Chitwan National park, at 150km from Kathmandu. Mountain flight to view Mount Everest and Himalayan Range requires passport for foreign nationals boarding from domestic airport in Kathmandu.

Scientific Committee

Chair: Dr. Meenu Maharjan

Co-chair: Dr. Smriti Maskey

Members:

Dr. Maryada Malla	Dr. Anu Bajracharya
Dr. Astha Shrestha	Dr. Snigdha Rai
Dr. Suresh Kayastha	Dr. Sunita Bhandari
Dr. Saugat Koirala	Dr. Chetana Shrestha
Dr. Sarmila Prajapati	Dr. Poonam Lama
Dr. Monica Gurung	Dr. Shreyashi Aryal
Dr. Suprava KC	Dr. Sabina Aryal
Dr. Reema Maharjan	

Souvenir Committee

Chair: Dr. Gehanath Baral

Co-Chair: Dr. Atit Poudel

Members:

Dr. Beemba Shakya	Dr. Kumkum Jha
Dr. Rijuta Joshi	Dr. Sarmila Prajapati
Dr. Ashwani K Gupta	Dr. Barun Rai
Dr. Binod Aryal	

Finance Committee

Chair: Dr. Shree Ram Khadka

Co-Chair: Dr. Sandesh Poudel

Members:

Dr. Aruna Karki	Dr. Devi Gurung
Dr. Bina Basnyat	Dr. Indira Upadhyaya
Dr. Sanu Maiya Shrestha	Dr. Shree Prasad Adhikari
Dr. Alka Shrestha	Dr. Shanti Shrestha
Dr. Punya Poudel	

Award Committee

Chair: Dr. Madhu Tumbahangphe

Co-chair: Dr. Heera Tuladhar

Co-chair: Dr. Sheela Verma

Members:

Dr. Saroja Pande	Dr. Padam Raj Pant
Dr. Gehanath Baral	Dr. Paban Sharma
Dr. Meena Jha	Dr. Jageshwor Gautam

Registration Committee

Chair: Dr. Rumina Malla

Co-Chair: Dr. Kirtipal Subedi

Members:

Dr. Neebha Ojha	Dr. Pooja Poudyal
Dr. Kabin Bhattachan	Dr. Asmita Ghimire
Dr. Pratigya Gautam	Dr. Suman Raj Tamrakar

Reception Committee

Chair: Dr. Hema Pradhan

Co-chair: Dr. Sapana Amatya Vaidya

Members:

Dr. Isha Shrestha	Dr. Ansumala Joshi Rijal
Dr. Namita Sindhan	Dr. Sadhana Sah
Dr. Monica Gurung	Dr. Chandrima Karki
Dr. Karishma Pandey	Dr. Saujanya Karmacharya

Cultural Committee

Chair: Dr. Bimala Malla

Co-Chair: Dr. Jyotshna Sharma

Members: Dr. Ranjana Shrestha Dr. Manisha Bajracharya

Conference Registration Fee (Registration deadline till 7th March 2023)

Particulars	National Deligates	International Deligates
Regular (Member)	NPR. 8000	\$225
Regular (Non- Member)	NPR.9000	
Late/Spot	NPR .10000	
Accompany Participants	NPR .5000	\$125
PG Residents/ Nurses	NRS. 5000	
SAARC Countries		\$175

Note: Spot Registration NOT eligible for conference kit.

Payment Detail:

Bank Name: Himalayan Bank, Limited.
Branch : Patan Branch, Pulchowk, Lalitpur
Account Name: NEPAL SOCIETY OF OBSTET AND GYNAECO
Account No: 00600316790043
Swift code: HIMANPKA



Scan if you have logged in internet or Mobile Banking



XVI International Conference Nepal Society of Obstetricians and Gynaecologists (NESOG)

Theme: "Universal Health Coverage for Women"



**Date: 31st March -1st April, 2023
(17th & 18th Chaitra 2079)**

Venue: Soaltee Hotel, Kathmandu, Nepal

OFFICE

Paropakar Maternity and Women's Hospital,
Thapathali, Kathmandu, Nepal.

Phone: +977-1- 4252315 Cell: +977-9851131860

Email: nesogcon2023@gmail.com

Website: <http://www.nesog.org.np/news-detail/nesogcon2023.html>

Invitation

Dear Colleagues,

We are pleased to invite you to the International Conference on "Universal Health Coverage for Women" organized by the Nepal Society of Obstetricians and Gynecologists (NESOG) on 31st March and 1st April, 2023 at Soaltee Hotel, Kathmandu, Nepal.

This conference aims to bring together leading experts, researchers, scientists and practitioners of Obstetrics and Gynecology in the field of Universal Health Coverage for Sexual and Reproductive Health, including Family Planning to discuss and address the challenges and opportunities in achieving universal health coverage in Nepal and around the world. This conference will feature a range of plenary sessions, workshops, orations and poster presentations on a variety of relevant topics.

We believe the keynote speech by Prof Michael Robson on Robson's Classification of Cesarean Section will be an invaluable tool to address the pressing issue of increasing cesarean sections worldwide. In addition to the professional opportunities offered by the conference, Nepal is a beautiful and culturally rich country (with the pleasant weather) that we hope you will have the chance to explore during your stay.

We hope you will be able to join us for this important conference and look forward to your participation.

Sincerely,
Organizing Committee

Proposed Workshops (pre- congress)

Topic: Advanced Laparoscopy

Date: 29th-30th March 2023 (15th-16th Chaitra 2079)

Venue: Kathmandu Model Hospital

Chair: Dr. Gyanendra Karki

Co-Chair: Dr. Aruna Karki

Members:

Dr. Kabin Bhattachan Dr. Suresh Kayastha

Fee: Rs.6000/-

Topic: Basic Laparoscopy/ Urogynecology

Date: 29th-30th March 2023 (15th-16th Chaitra 2079)

Venue: Paropakar Maternity & Women's Hospital

Chair: Dr. Jageshwor Gautam

Co-chair : Dr. Sandesh Poudel

Members:

Dr. Atit Poudel Dr. Ekta Jaiswal

Fee: Rs.6000/-

Topic: Cosmetic Gynecology

Date: 30th March 2023 (16th Chaitra 2079)

Venue: Kist Medical Collage & Teaching Hospital

Chair: Dr. Yam Dwa

Co- Chair: Dr. Sunita Bhandari

Members: Dr. Atit Poudel Dr. Ekta Jaiswal

Fee: Rs.6000/-

Topic: ICOE-Obstetric Emergencies Workshop by OGSM-

Date: 29th-30th March 2023 (15th-16th Chaitra 2079)

Venue: Nepal Medical College

Chair: Dr. Bhola Rijal

Members:

Dr. Sandesh Poudel Dr. Astha Shrestha

Fee: Rs.6000/-

Topic: Robson's Classification by Prof. Robson

Date: 30th March 2023 (16th Chaitra 2079)

Venue: Soaltee Hotel

Chair: Dr. Yam Dwa

Members:

Dr. Snigdha Rai Dr. Praveen Mandal

Fee: Rs.2000/-

Proposed Workshops (post- congress)

Topic: Hysteroscopy

Date: 2th April 2023 (19th Chaitra 2079)

Venue: MIDAT Hospital

Advisor : Dr. Manish Shrestha

Chair: Dr. Sapana Amatya Vaidhya

Co-chair: Dr. Kamana K.C

Members

Dr. Saujanaya Karmacharya Dr. Ekta Jaiswal

Fee: Rs.5000/-

Topic: Colposcopy

Date: 2th April 2023 (19th Chaitra 2079)

Venue: Civil Service Hospital

Chair: Dr. Jitendra Pariyar

Members

Dr. Reema Maharjan Dr. Poonam Lama

Fee: Rs.3000/-

Topic: Sub-fertility/ IUI Workshop

Date: 2th April 2023 (19th Chaitra 2079)

Venue: Paropakar Maternity & Women's Hospital

Chair: Dr. Hema Pradhan

Co-chair: Dr. Shree Prasad Adhikari

Members

Dr. Chetana Shrestha, Dr. Ranjana Shrestha

Dr. Sadhana Sah Dr. Deepti (Shrestha) Dwa

Fee: Rs.5000/-

Topic: Hypertensive Disorders of Pregnancy/Pelvic floor Disorders

Venue: Paropakar Maternity & Women's Hospital

Date: 2nd April (19th Chaitra 2079)

Chair: Dr. Atit Poudel

Members: Dr. Anjana Adhikari, Dr. Maryada Malla

Fee: Rs 1000/-

Abstract

Abstract covering all aspects of Obstetrics and Gynecology, Perinatology, Newborn and Reproductive Health and topics Universal Health Coverage for women can be submitted by 28th February 2023. Priority will be given to papers on the theme topics.

- First author or the authorized author should present.
- Text should not be more than 300 words
- Please send structured abstract (IMRAD format)
- Fonts- Times New Roman, 12 size
- Abstract can be submitted through email at nesogcon2023@gmail.com

Poster

- Prepare a poster size 120x 90cm
- Title: Should be brief informative and readable.
- Size of character: Clear, distinct description and diagrams in large characters (Larger than 18 mmX 18mm)
- Table, diagram and photographs: Keep simple, legible legends and labels.
- Sequence: Indicate clearly either by numbers, arrows or lines the order in which the poster is to be read.
- The best poster presentation will be awarded with a prize.

Last date of Abstract/Poster submission: 28th Febuary , 2023

Conference organizing committee



Prof. Dr. Ganesh Dungal
President



Dr. Dhan Bahadur Rana Magar
Organizing Chairperson



Dr. Yam Prasad Dwa
General Secretary



Dr. Anjana Adhikari
Organizing Secretary

Nepal

The capital city is Kathmandu known as city of temples. Nepali is the national Language along with more than 72 ethnic languages. The average weather of Kathmandu is