

Organised by:



OGSM CREATE Contraceptive Workshop Sarawak

PRACTICAL & HANDS ON SESSIONS FOR HORMONAL IMPLANT
& INTRA-UTERINE CONTRACEPTIVE DEVICE (IUCD) PROCEDURES



Date: 27th & 28th April 2024,
Saturday & Sunday

Venue:

SMA Creative Heritage Innovation Centre

Jalan Masjid, Bangunan Yayasan,
Kuching, Sarawak

Benefits: 16 CPD Points
Certificate, Practical Session

RM200 per participant

Limited Slots Only

For further inquiries, email us at
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+6 016 259 2341

Speakers:

Dr John Teo

Obstetrician & Gynaecologist (O&G)

Dr Geetha Thambyraja

Obstetrician & Gynaecologist (O&G)

Dr Subatra Jayaraj

Primary Care Reproductive Health Specialist

Day 1: 27th April 2024, Saturday

TIME	SESSION
8.00 AM	Registration
8.30 AM	Overview of Unintended Pregnancies & Status of Contraception in Malaysia
9.00 AM	LARCs - IUDs and Implants
9.30 AM	Break
10.00 AM	Contraceptive Usage In High Risk Patients & Specialised Groups
10.30 AM	Emergency Contraceptives & Sterilisation
11.00 AM	Natural Methods (LAM, Rhythm, Withdrawal) & Barrier Methods
11.30 AM	Combined Hormonal Contraception
12.15 PM	Lunch Break
1.30 PM	Progesterone Only Contraception
2.00 PM	Case Discussion
2.30 PM	Contraceptive Counselling
3.00 PM	Role Play
3.45 PM	Adjournment

Day 2: 28th April 2024, Sunday

TIME	SESSION
8.00 AM	Registration
8.30 AM	Overview of Contraception in Malaysia
9.00 AM	Role of LARCs In The Prevention Of Unintended Pregnancies & The Malaysian LARCs Guidelines
9.30 AM	Break
10.00 AM	IUDs and IUS
10.30 AM	Hormonal Implants
11.30 AM	Video of Implant Insertion & Removal
12.00 PM	Practical Sessions On Implants & IUCDs Insertion and Removal
1.30 PM	Questions & Answers (Q&As)
1.40 PM	Lunch Break
2.45 PM	Contraceptive Counselling
4.45 PM	Adjournment

Register now before:

10 April 2024

at registration link:

bit.ly/CREATEKUCHING

In collaboration with:



Scan the QR code to register