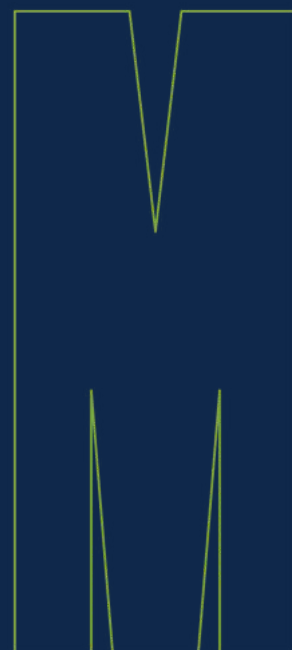


# 1st Western Pacific Regional Preconception Health Network Conference

## Exploring Challenges, Opportunities, and Partnerships to Advance Preconception Health and Care in the Western Pacific

(INAUGURAL HYBRID CONFERENCE)



**22 - 23 NOVEMBER 2025 | 8AM-5PM**

**MONASH UNIVERSITY MALAYSIA**

**2-day network meeting:**

**RM330 (EARLY BIRD RATE), RM380 (after 16 Sept)**

**Day 1 only: RM 150 (CPD points available)**

**Day 1 and Day 2: RM315 (EARLY BIRD RATE), RM340 (after 16 Sept)**

**Online attendance for 2 days: RM100 (EARLY BIRD RATE), RM150 (after 16 Sept)**



Scan QR code for more info, or visit

**[go.monash.edu/WPRPHNC2025](https://go.monash.edu/WPRPHNC2025)**

# CONFERENCE PROGRAM DAY 1

## Pre-Conference Workshops

ECR Networking Breakfast	8.30am – 9.30am
HIPP EMCR Session + Morning tea	9.30am – 11.30am
Monitoring PCH indicators: use of screening tools and big data + Morning tea	11.30am – 1pm
Opt in LARC training for local providers (CPD points available)	9am – 5pm
<b>Conference Welcome and Introduction</b>	1pm – 1.10pm
Reframing Care and Services to Improve Preconception health	1.10pm – 1.30pm
Western Pacific Regional Presentations followed by panel	1.30pm – 2.15pm
Panel: focus on regional policies and current practices	2.15pm – 2.40pm
<b>Afternoon Tea</b>	2.40pm – 3.10pm
Climate and Environment and Preconception Health	3.10pm – 4pm
Networking Drinks	4pm – 5pm

For more information, please click [here](#)

## **OPT-IN LONG ACTING REVERSIBLE CONTRACEPTION (LARC) WORKSHOP (DAY 1)**

<b>Registration and Houskeeping</b>	8.30am - 9.00am
Overview of Contraception in Malaysia & MEC	9.00am - 10.00am
LARCs – IUDs and Implants	10.00am - 10.30am
Role of LARCs In The PreventionOf Unintended Pregnancies and The Malaysian LARCs Guidelines	10.30am - 11.00am
<b>TEA BREAK</b>	11.00am - 11.30am
IUDs and IUS	11.30am - 12.00pm
Hormonal Implants	12.00pm - 12.30pm
Contraception Counselling	12.30pm – 1.00pm
<b>LUNCH</b>	1.00pm - 2.00pm
Video of IUD and Implant Insertion & Removal	2.00pm – 3.00pm
Practical Sessions On Implants & IUCDs Insertion And Removal	3.00pm – 4.00pm
Quiz and Q&A	4.00pm – 4.45pm
Closing and Networking Tea	4.45pm – 5.30pm

## **CONFERENCE PROGRAM DAY 2**

Young Investigator Presentations	8.30am – 9am
Youth Panel	9am – 11.30am
Morning Tea	10am – 10.30am
Interpregnancy Health and Wellbeing	10.30am – 11.15am
Men's Preconception Health	11.15am – 12pm
Lunch	12pm – 12.45pm
Malnutrition	12.45pm – 1.30pm
Non-communicable diseases	1.30pm – 2.15pm
Mental Health	2.15pm – 3pm
Young Investigator Awards	3.pm – 3.10pm
Afternoon Tea	3.10pm – 3.30pm
Collaborative Networking: Future Directions	3.30pm – 4.30pm

**For more information, please click [here](#)**